

## MISSION VALLEY REGIONAL OCCUPATION PROGRAM

### Basic Car Care

#### Course Outline

**1. Course Title:**

Basic Car Care

**2. CTE Career Sector and Pathway:**

Transportation Sector, 221 Systems Diagnostics, Service, and Repair

**3. CALPADS Number:**

8530

**4. Job Titles/DOT Codes:**

Automotive Mechanic	620.261-010
Automobile-Mechanic Helper	620.684-014
Automobile-Repair-Service Estimator	620.261-018
Automotive Technician, Exhaust Emission	620.281-014
Brake Adjuster	620.684-018

**5. Course Length:**

Washington High School- 1 year long, 1 period class

James Logan High School- 1 semester long, 1 period class

**6. Course Description:**

This course provides pre-entry level training in automotive service/maintenance and is designed to be the first course for students entering transportation technology career pathways. Instruction covers the following areas: engine systems, electrical systems, tires and brakes, lubrication service, cooling systems, ignition and emission device service.

**7. Hours:**

James Logan High School: 90

Washington High School: 180

**8. Articulation:**

This course is articulated not articulated with any community college course

**9. UC/CSU A-G Eligibility:**

This course does not meet the UC/CSU A-G requirement.

**10. Instructional Materials**

- *Fundamentals of Automotive Maintenance and Light Repair, Kirk Van Gelder, CDX publishing 2020 - ISBN – 978-1-284-14339-3*
- *Automotive Technology, 5<sup>th</sup> edition, Halderman, Pearson Publishing, 2016 (JLHS / WHS)*

**11. Course Outline:**

Upon successful completion of this course, students will be able to demonstrate the following skills necessary for entry-level employment.

Unit	Content Area Skills	Hours
Integrated Throughout the course	<p><b><u>Workplace Basic Skills &amp; Behaviors</u></b>            (Necessary skills for any occupation – <a href="#">MVROP SLO #1</a>)            Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Apply skills learned in class.</li> <li>B. Analyze information and make decisions.</li> <li>C. Communicate verbally and in writing.</li> <li>D. Work independently and as a team member in a diverse workplace.</li> <li>E. Work reliably, responsibly, and ethically.</li> </ul>	Integrated Throughout the course
Integrated throughout the course	<p><b><u>Career Technical Skills</u></b>            (Occupational competencies – <a href="#">MVROP SLO #2</a>)            Learner Outcomes:</p> <ul style="list-style-type: none"> <li><b>A. Technology.</b> <ul style="list-style-type: none"> <li>a. Select, operate, maintain, and troubleshoot a variety of technologies (tools, machines, and computers).</li> <li>b. Use computers to process information for the numerical system.</li> </ul> </li> <li><b>B. Safety standards</b> <ul style="list-style-type: none"> <li>a. Comply with personal and environmental safety practices associated with clothing, eye protection, hand tools, power equipment, and proper ventilation.</li> <li>b. Comply with safety and environmental practices associated with handling, storage, and disposal of chemicals or materials in accordance with local, state, and federal regulations.</li> </ul> </li> <li><b>C. Business Functions</b> <ul style="list-style-type: none"> <li>a. Identify, organize, plan, and manage time, materials, and facilities.</li> <li>b. Recognize purpose for administration, operations, marketing, personnel, production, distribution, and services.</li> </ul> </li> </ul>	Integrated throughout the course
	<p><b><u>Career Path Strategies</u></b>            (Occupational competencies – <a href="#">MVROP SLO # 3</a>)            Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Develop a plan to achieve career goals.</li> <li>B. Use effective job search strategies</li> <li>C. Demonstrate an awareness of the importance of lifelong learning.</li> </ul>	Integrated throughout the course

Unit	Course Curriculum	Hours JLHS/WHS
1	<p><b><u>Introduction to Automotive Technology</u></b>  Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. The Automobile <ul style="list-style-type: none"> <li>a. Parts, Assemblies, and Systems</li> <li>b. Hybrid Vehicle</li> </ul> </li> <li>B. Basic Hand Tools <ul style="list-style-type: none"> <li>a. Tool Rules</li> <li>b. Tool Storage</li> <li>c. Wrenches, Screwdrivers, Pliers, Hammers, Chisels and Punches,</li> <li>d. Files, Saws</li> <li>e. Holding Tools</li> <li>f. Cleaning Tools</li> <li>g. Probe and Pickup Tools</li> <li>h. Pry Bars</li> </ul> </li> <li>C. Power Tools and Equipment <ul style="list-style-type: none"> <li>a. Compressed-Air System</li> <li>b. Air Tools</li> <li>c. Electric Tools</li> <li>d. Hydraulic Tools</li> <li>e. Shop Equipment - including but not limited to the safe and proper usage of vehicle hoists and service jacks.</li> </ul> </li> <li>D. Auto Shop and Safety <ul style="list-style-type: none"> <li>a. Auto Shop Layout</li> <li>b. Shop Safety</li> <li>c. Types of Accidents</li> <li>d. General Safety Rules</li> <li>e. Customer Relations</li> </ul> </li> <li>E. Basic Vehicle Maintenance, Fluid Service, and Recycling <ul style="list-style-type: none"> <li>a. Lubrication Service</li> <li>b. Vehicle Maintenance</li> <li>c. Fluid Service</li> <li>d. Filter Service</li> <li>e. Chassis Lubrication</li> <li>f. Service Intervals</li> <li>g. General Inspection and Problem Location</li> <li>h. Recycling and Disposal of Auto Shop Wastes</li> </ul> </li> </ul>	20/40
2	<p><b><u>Label Identification</u></b>  Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Fluid Labels</li> <li>B. Emission Labels</li> <li>C. Vehicle Identification Number</li> </ul>	1/2

3	<b><u>29-Point Inspection</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Engine</li> <li>B. Transmission</li> <li>C. Suspension</li> <li>D. Tires</li> <li>E. Safety Belts and Interior</li> <li>F. Lighting Systems</li> </ul>	1.5/3
4	<b><u>Road Hazard/ Tire Replacement</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Road Hazards</li> <li>B. Freeway Hazards</li> <li>C. Car Jack Usage</li> <li>D. Flares and Signs</li> <li>E. Common Sense</li> </ul>	2.5/5
5	<b><u>Engines</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Basic Engine Fundamentals <ul style="list-style-type: none"> <li>a. Engine Operation</li> <li>b. Engine Bottom End</li> <li>c. Engine Top End</li> <li>d. Engine Front End</li> </ul> </li> <li>B. Engine Design Classifications <ul style="list-style-type: none"> <li>a. Engine Classifications</li> <li>b. Cylinder Arrangement</li> <li>c. Alternative Engines</li> <li>d. Typical Automotive Engines</li> </ul> </li> </ul>	5/10
6	<b><u>Cooling and Lubrication Systems</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Basic Cooling System Fundamentals <ul style="list-style-type: none"> <li>a. Cooling System Functions and Operations</li> <li>b. Cooling System Types</li> <li>c. Basic Cooling System</li> <li>d. Closed and Open Cooling System</li> <li>e. Cooling System Instrumentation</li> <li>f. Antifreeze</li> <li>g. Block Heater</li> <li>h. Focus on Hybrids</li> </ul> </li> <li>B. Basic Cooling System Testing, Maintenance, and Repair <ul style="list-style-type: none"> <li>a. Cooling System Problems and Diagnosis</li> <li>b. Thermostat Service</li> <li>c. Cooling System Hose Service</li> <li>d. Radiator and Pressure Cap Service</li> <li>e. Fan Belt Service</li> <li>f. Coolant Service</li> </ul> </li> </ul>	7.5/15

	<ul style="list-style-type: none"> <li>C. Basic Lubrication System Testing, Service, and Repair               <ul style="list-style-type: none"> <li>a. Lubrication System Problem Diagnosis</li> <li>b. Engine Oil and Filter Service</li> </ul> </li> </ul>	
7	<p><b><u>Electrical Systems</u></b>  Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Basic Automotive Batteries               <ul style="list-style-type: none"> <li>a. Battery Principles</li> <li>b. Battery Functions</li> <li>c. Battery Construction</li> <li>d. Maintenance-Free Battery</li> <li>e. Gel Battery</li> <li>f. Battery Ratings</li> <li>g. Battery Temperature and Efficiency</li> <li>h. Focus on Hybrids</li> </ul> </li> <li>B. Basic Battery Testing and Service               <ul style="list-style-type: none"> <li>a. Battery Maintenance</li> <li>b. Jump Starting</li> <li>c. Removing and Replacing a Battery</li> <li>d. Battery Diagnosis</li> </ul> </li> <li>C. Lights, Instrumentation, Wipers, and Horns – Operation and Service               <ul style="list-style-type: none"> <li>a. Lighting Systems and Service</li> <li>b. Instrumentation</li> <li>c. Windshield Wipers</li> <li>d. Horns</li> <li>e. Finding Common Electrical Problems</li> <li>f. Headlamp and Turn Signal Diagnosis</li> </ul> </li> <li>D. EV Safety Awareness and operational understanding               <ul style="list-style-type: none"> <li>a. High Voltage Batteries</li> <li>b. Safety Procedures</li> <li>c. EV PPE equipment</li> </ul> </li> </ul>	7.5/15
8	<p><b><u>Engine Performance</u></b>  Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Basic Engine Tune-Up               <ul style="list-style-type: none"> <li>a. Engine Performance Checks</li> <li>b. General Engine Performance Rules</li> <li>c. Typical Tune-Up Procedures</li> <li>d. Diesel Engine Tune-Up (Maintenance)</li> <li>e. Engine Tune-Up (Maintenance) Intervals</li> </ul> </li> </ul>	5/10
9	<p><b><u>Suspension, Steering, and Brakes</u></b>  Learner Outcomes:</p> <ul style="list-style-type: none"> <li>A. Tire, Wheel, and Wheel Bearing Fundamentals               <ul style="list-style-type: none"> <li>a. Tires and Wheels</li> <li>b. Valve Stems and Cores, Lug Nuts, Studs, and Bolts</li> </ul> </li> </ul>	20/40

	<ul style="list-style-type: none"> <li>c. Wheel Weights</li> <li>B. Basic Suspension System Fundamentals               <ul style="list-style-type: none"> <li>a. Functions of a Suspension System</li> <li>b. Basic Suspension System</li> <li>c. Independent and Non-Independent Suspension Systems</li> <li>d. Suspension System Springs and Construction</li> <li>e. Torsion Bar Suspension</li> <li>f. MacPherson Strut Suspension</li> <li>g. Pickup Truck Suspension Systems</li> <li>h. Rear Suspension Systems</li> </ul> </li> <li>C. Brake System Fundamentals               <ul style="list-style-type: none"> <li>a. Basic Brake System</li> <li>b. Braking Ratio</li> <li>c. Brake System Hydraulics</li> <li>d. Brake System Components</li> <li>e. Parking Brakes</li> <li>f. Regenerative Brakes</li> <li>g. Brake System Diagnosis and Repair</li> <li>h. Brake System Problem Diagnosis and Inspection</li> <li>i. Disc Brake Service</li> <li>j. Brake Disc (Rotor) Service</li> <li>k. Drum Brake Service</li> <li>l. Parking Brake Adjustment</li> <li>m. Brake System Diagnosis</li> </ul> </li> </ul>	
10	<b><u>Computer Systems</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Basic Computer System Fundamentals               <ul style="list-style-type: none"> <li>a. On-board diagnostic systems</li> </ul> </li> </ul>	10/20
11	<b><u>Fuels Systems</u></b> Learner Outcomes: <ul style="list-style-type: none"> <li>A. Automotive Fuels, Gasoline and Diesel Combustion               <ul style="list-style-type: none"> <li>a. Petroleum (Crude Oil)</li> <li>b. Gasoline</li> <li>c. Diesel Fuel</li> <li>d. Alternative Fuels</li> </ul> </li> <li>B. Fuel Injection Operation               <ul style="list-style-type: none"> <li>a. Basic Fuel injection</li> </ul> </li> <li>C. Carburetor Operation Service               <ul style="list-style-type: none"> <li>a. Basic Carburetor</li> </ul> </li> <li>D. Exhaust Systems, Turbochargers, and Superchargers               <ul style="list-style-type: none"> <li>a. Exhaust Systems and Service</li> <li>b. Superchargers and Turbochargers</li> </ul> </li> </ul>	10/20
	<b>Total Hours</b>	<b>90/180</b>

## 12. Instructional Strategies

Lecture	Reading Assignments	Demonstration
Group Discussion	Oral Questioning	Team Learning
Brainstorming	Multimedia	Simulation
Projects	Hands-on Practice	Virtual Reality
Written Tests	Presentations	Skill Practical Assessments
Performance Exams	Portfolios	

## 13. Certificate Competency List:

### *Career Preparation Standards:*

- Apply workplace basic skills and behaviors
- Practice occupational safety standards
- Demonstrate effective job employment skills

### *Career Technical Skills:*

- Demonstrates safe working conditions in classroom and shop
- Identify common automotive tools and equipment
- Demonstrate proper usage of tools and equipment
- Perform vehicle safety inspection
- Check fluids accurately
- Perform engine oil and filter service and chassis lubrication
- Perform tire repair and replacement
- Complete repair order accurately
- Demonstrate part removal and replacement
- Use appropriate methods for disposal of hazardous waste material